

Your #1 Wealth Retirement **Blind Spot And How To** **Eliminate It**



**Are you afraid you might run out of money in retirement?
Are you concerned that your investments might not last long enough?**

Do you wish you could find some way to bring in extra income but don't know how to do it?

You know it can be done because you see others who seem to easily find ways of bringing in more money. So how can you be like them?

The secret is a deep-seated belief that brings abundance to them all the time. It's a mindset that can easily be learned and put into practice, and **it can make dramatic changes** in your life.

Right now, there is only one thing stopping you from bringing more wealth and abundance into your life, and that is YOU.

You might find this a bit far-fetched, but **if you feel you are lacking in money and abundance, it's because you have a hidden belief that is sabotaging what you want.** You have a belief that says, in effect, you shouldn't have more wealth and abundance. This is probably showing up as thoughts like "I'm too old to learn something new", "I'm not smart enough", "That isn't for me", or "I have no idea what I'm going to do."

Beliefs are extremely powerful. Positive beliefs can propel you forward like a fighter jet, while negative beliefs can hold you back stronger than a ten-ton block.

So, if hidden beliefs are that powerful, where did they come from?

Almost all the beliefs you have were formed early in your life, mostly from your parents and other early authority figures, and you were totally unaware that you were forming them. You observed the actions of your parents, listened to their comments about the world around them, and, wanting to be like them, incorporated their beliefs into your life, all without consciously realizing what you were doing.

So even before you were capable of conscious, discerning thought, you were already being run by these beliefs.

This is both a good thing and a bad thing. It helped you survive and make sense of the world, but it may now be limiting you in what you believe you can do.

A deep seated, hidden belief makes you unconsciously blind to the opportunities surrounding you, and if you're blind to them, how can you uncover and change them?

You do that by observing your habits.

You spend most of your time living by habit. Usually, this is a good thing as you leave your conscious mind free to do what it does best – evaluating and acting on the new things that come into your life.

Unfortunately, the thing about habits is that you only think about them when they are challenged, or they are no longer working for you, like now.

One of the nasty things about habits is that they reinforce beliefs – both positive and negative. Each time you automatically think to yourself “I can’t do that”, you are reinforcing that negative belief.

This brings us back to our dilemma. How can you change something you can't see? How can you discover what's in your blind spot?

First, **you need to train yourself to become aware of your hidden habits.**

You need to bring those subconscious thoughts into your consciousness so you can examine them, challenge them, and then replace them with thoughts that will help you acquire abundance.

Now if you’re thinking that you can’t do this or you don’t know how to do it, I’ll show you an easy way to do this shortly.

One of the good things about beliefs concerning money is that they are easy to uncover. Since money is so important to you, you can usually identify when you are thinking about it, even with small amounts.

I’m sure you can recall sometime in the last week when you purchased a coffee or a tea. That wasn't a big purchase and yet you can easily recall all the details around the purchase.

That shows just how important money thoughts are and how you can use that to help yourself.

So, here is an easy trick to find your “blind spot”.

- 1) **Identify what you want** in positive terms: “I want a new car”.
- 2) **Record the thoughts and feelings** that immediately come to mind when you say it: “I can’t afford it.” This is a habit being triggered.
- 3) For those thoughts or feelings you recorded, **think about the thought or feeling and see what beliefs they represent.** This can be difficult. The best way is to just record whatever first comes into your mind. For example: “I can’t afford it” might be hiding the belief “I’m not smart enough to make more money.”
- 4) **For each negative belief, determine if it is still true or not.** If not true, replace it with a positive, true statement: “I can’t afford it” becomes “I can’t afford it yet”, and repeat that phrase every time the negative thought comes up. If the negative belief is true, list why it is still true and what you can do to change it.

- 5) **Create a list of all the good and bad consequences** that might happen if you do get what you want. This can show some hidden concerns that might be blocking you: “If I get a new car, my insurance rates will go up.”
- 6) **For each of the “bad consequences”, determine how likely that consequence is.** If it's not likely, then strike that consequence off the list. Keep doing that until you only have the most likely consequences left.
- 7) For each of the consequences that are left, **determine how much of an impact that consequence will make on your life** and then list a positive consequence to counter it: “My insurance rates may go up, but I'll be saving more than that in repair bills.”

A year from now you will have another year's worth of experiences. Do you want them to be happy experiences leaving you surrounded by wealth and abundance?

Think of how much more enjoyable that year could be. Now **think of what your life will be like if you don't change anything.**

In my "Think Wealthy! Be Wealthy!" course, I provide the instruction, tools, and coaching support that will enable you to learn to identify and change your limiting beliefs and the habits that support these limiting beliefs, and I help you create a workable plan to implement the changes you want to make.

[My course is only available a few times each year.](#)

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